

# The Farmer's Share

Did you know farmers and ranchers only earn 15.9¢\* of every dollar that consumers spend on food?

American farmers only see a small fraction of the money we spend on food. Even though grocery prices continue to rise, the extra money we pay at the grocery store doesn't go into farmers' pockets – it goes to the multibillion-dollar food companies that have squeezed out competition to maximize their profits.

**Bread** 1 LOAF

Retail: \$6.49

Farmer: **\$0.12**



**Milk** 1 GAL

Retail: \$5.99

Farmer: **\$1.83**



**Eggs** 1 DOZEN

Retail: \$6.99

Farmer: **\$2.35**



**Bacon** 1 LB

Retail: \$6.99

Farmer: **\$1.07**



**Apples** 2 LBS

Retail: \$4.99

Farmer: **\$1.88**



**Top Sirloin** 1 LB

Retail: \$10.99

Farmer: **\$3.54**



**Potatoes** 5 LBS

Retail: \$4.99

Farmer: **\$0.59**



**Tomatoes** 1 LB

Retail: \$3.99

Farmer: **\$0.55**



**Corn Cereal** 18 OZ

Retail: \$3.99

Farmer: **\$0.06**



Last updated: 10/7/2025

Learn more at [nfu.org/farmersshare](https://nfu.org/farmersshare)